



BEHAVIORAL HEALTH FORUMS: Connecting Mental Health and Substance Abuse Services

An annual forum for mental health and substance abuse professionals where they learn about a topic, network with other professionals, and leave with tools they can use.

ANNUAL BEHAVIORAL HEALTH FORUMS

Ethical Dilemmas in the Digital World

Date: April 28, 2017

Location: Silver Hill Hospital

Compassion Fatigue Among Professional Caregivers

- ❖ *Why & how to make self-care a priority for ourselves & others*

Date: April 22, 2016

Location: Silver Hill Hospital

Understanding the Cyberworld

- ❖ *Navigating the World of Social Media*
- ❖ *Internet & Video Gaming: When is it a problem?*

April 24, 2015

Location: Silver Hill Hospital

Strong at the Broken Places: Understanding and Enhancing Resilience

- ❖ *Understanding Resilience – Predictors*
- ❖ *Enhancing Resilience – Using Schema Therapy*

Date: April 4, 2014

Location: Silver Hill Hospital

The Changed Brain: How to Support Healing with Integrative Medicine

- ❖ *Impact of Addiction on the Brain*
- ❖ *Support Healing with Integrative Medicine*

Date: April 12, 2013

Location: Silver Hill Hospital

Trauma and Its Aftermath: Understanding and treating post-traumatic symptoms across the lifespan

Date: April 27, 2012

Location: Silver Hill Hospital

Out of Theory and Into Practice

- ❖ *A Learning Forum on Co-Occurring Mental Health And Substance Abuse Issues*

Date: April 29, 2011

“Carefrontation”: What’s New in Co-Occurring Disorders

Date: April 22, 2010

Location: Silver Hill Hospital

A Learning Forum on Co-Occurring Mental Health And Substance Abuse Issues

Date: April 30, 2009

Location: Norwalk Hospital

To attend our next forum: email igillespie@communities4action.org or call 203-588-0457